

acorns  
**TRIPLE RUN** **2010**  
Sunday 6th June  
**ENTRY FORM**



**The Malvern Half Marathon**

10.30am start. Promoted by Worcester Athletic Club.  
Incorporating the Worcestershire County Championship.  
Under UK Athletics rules – UKA license no. 2010-0094. Extensive prize list. £15 UKA Affiliated, £17 Unaffiliated.



**The 5km Spring Fun Run**

10.30am start. 5km multi-terrain run or walk. All children under the age of 12 on event date must be accompanied by a participating (entered) adult. £6 entry fee. Sponsorship to be raised for Acorns Children's Hospice.

**The Chicken Run**

Wheelchair friendly course, designed for children and adults with special needs.  
Changes to this year's event – further details TBC. £5 entry fee.

Entries are not refundable nor transferable.

For further information please visit [www.acornstriplerun.org.uk](http://www.acornstriplerun.org.uk) or email [triplerun@acorns.org.uk](mailto:triplerun@acorns.org.uk) or call **0844 984 0405**.

Spring Run and Chicken Run entrants will receive their race packs within 10 working days. Malvern Half Marathon entrants will receive acknowledgement of their entry by email or post. Race packs will be dispatched after the closing date of 21st May 2010.

**Please write clearly in the spaces provided and sign your entry form. Once completed please return to:  
Triple Run, Acorns Children's Hospice, Drakes Court, Alcester Road, Wythall, Birmingham, B47 6JR.**

**Individual Entry Form**

Title: ..... First Name: ..... Last Name: .....

Company Name (if you are running with colleagues): .....

Home Address: .....

Postcode:..... Telephone (Daytime): ..... Telephone (Mobile):.....

Email: .....

(Please supply an email address, as this is the most cost effective way for us to contact you).

Male  Female  Date of Birth: / /  Age  (on 06/06/10) Parent/Guardian signature required for under 16's.

Please enter me for:  Half Marathon (age 17+ only)  The 5km Spring Fun Run  The Chicken Run

UKA Affiliated Club: ..... (Half Marathon entries only)

UKA Region Reg No: ..... (Half Marathon entries only)

Tick for County Championships - UKA affiliates only (eligible by birth or residency)

Where did you hear about this event? .....

Do you have any special reasons for taking part or a personal story which may help us to publicise this event in the future?

If so, please give brief details.....

**Declaration**

I have read and agree to the Terms and Conditions (below) for the Acorns Triple Run. I accept that I enter this event entirely at my own risk and that Acorns Children's Hospice shall not accept any liability for injury or loss that might occur as a result of my participation in the event. I declare that I am medically fit and know of no medical reason why I may not participate in the run. I consent that photographs taken during the run may be used to publicise this event and the work of the charity generally.

Signed:..... Date:.....

(Parent/Guardian must sign if participant is 16 years of age or under).

I agree to pay a non-refundable entry fee by the following payment method:

Cheques made payable to 'Acorns Children's Hospice Trust'  OR Credit/Debit card

Please charge my: Visa  Mastercard  Delta  Maestro  with £.....

Card No:

Expiry Date: /  Valid From: /  Issue No:  (Maestro only)

Security Code:  (Last three digits on reverse of card)

Acorns may contact you in the future about our work and how you can support us. If you prefer not to be contacted, please tick this box



**Closing date for entries: Friday 21st May 2010.**

Registered charity no. 700859.

Registered office: Drakes Court, Alcester Road, Wythall, Birmingham, B47 6JR.

Telephone: 01564 825000 [www.acorns.org.uk](http://www.acorns.org.uk)



**Terms and Conditions of Entry**  
 • Participants in the Malvern Half Marathon must be aged 17 years or over on the date of event. • Participants in the Spring Run or Chicken Run under the age of 12 on event date must be accompanied by a participating (entered) adult, who will take full responsibility for them throughout the run. • An entry form must be completed for every participant (photocopies are acceptable), and the entry fee must accompany each form. Unsigned forms will not be accepted. • The entry fee is not refundable or transferable. Entry fees cover the administration and organisation costs of the Triple Run. • Each participant is requested to raise additional sponsorship for Acorns Children's Hospice. Fundraising is essential in raising income from this event to help Acorns continue its vital work with life limited and life threatened children.  
 • Once registered, you will receive written confirmation of your place. • Participants must follow instructions from members of the marshalling team at all times throughout the event. • Fundraising from this event will not be restricted to a particular hospice or function. • Acorns reserves the right to cancel or postpone the Triple Run where this becomes necessary due to circumstances beyond our control. • The closing date for entries is Friday 21st May 2010. • Registrations are not permitted on the day of the event.